



PARILIO  
CYCLADIC LIGHT SIMPLICITY

A MEMBER OF  
DESIGN HOTELS™

## Activities in Paros

Discover the genuine part of the island!

### Sightseeing:

#### ◆ Churches / Monasteries / Monuments

##### **Ekatontapyliani Church, Parikia**

Situated in Parikia, capital of Paros and founded in the early 4th century AD. Its name "Ekatontapyliani" means the Church with the Hundred Doors. According to tradition, the church has 99 doors and a secret door will open when the church of Hagia Sofia in Constantinople will be Orthodox again.

##### **Monastery of Agios Antonios, Marpissa**

Founded in 1597 and is one of the oldest monasteries on the island. It has been inhabited by monks since 1642 but closed in 1834, due to the small number of monks in situ. In spring, the monastery is open to the public and tours are offered.

##### **The Frankish Castle, Parikia**

Built in the 1200s on what scholars believed to be the basis of an ancient temple, which is dated all the way back to 530 BC. It stands out for its splendid architecture. Needless to say, a visit to Paros is incomplete without a visit to this magnificent castle which stands as mute testimony to the rich virile past of Paros.

### **Ancient marble quarries, Marathi**

An interior road from Lefkes and Marpissa that leads to the renowned marble quarries of Marathi, in Paros. This is the place where one of the finest varieties of marble is found. Some of the all-time great masterpieces like the world-famous Venus de Milo and Hermes were sculpted using the Parian marble.

### **Agios Georgios, o Thalassitis, Logaras**

A small one-aisled basilica, built between the 13th and 14th century. It is located between the villages of Piso Livadi and Logaras and is one of the 4 chapels of the Byzantine period that have been preserved in Paros. The frescoes inside the temple are the oldest in Paros, unfortunately they have suffered great and irreparable damage.

## **◆ Museums / Galleries**

### **Achillea Gallery, Parikia**

The Achillea Gallery in Paros is an annex to the corresponding gallery in Paris under the direction of Anne Bateson. Its name is associated with the healing plant Achilles, which, according to Greek mythology, gave Heron the centaur to the hero Achilles to heal the wounds of the Myrmidons with his leaves.

### **Folklore Art Museum of Cycladic Civilization, Aliko**

Curated by Benetos Skiadas, a traditional local artist. He has depicted Cycladic history with large miniatures of ships and important buildings with unrivaled art and workmanship. Visitors can admire his creations of the Cycladic tradition into a beautiful garden full of olive trees, amaranths and woodbine.

### **Archaeological Museum, Parikia**

The Archaeological Museum of Paros was founded in 1960. Its findings date from the Neolithic period to early Christianity, and include: the Nike of Paros, The Fat Lady of Saliagos (that inspired Parilio's logo), several Cycladic figurines, mosaics, the Archaic marble statue Gorgon, the poet Archilochus, amphorae from a Parian workshop, deities and many more.

### **Kapopoulos Fine Arts, Naoussa**

With years of experience in the field of art, it offers original works of art by the most famous Greek and international artists, such as Alekos Fassianos, Pavlos (Dionysopoulos) Mina Valyraki, Mr. Brainwash, Richard Orlinski, Alec Monopoly, Laurence Jenkell and many others.

### **Perantinos Sculpture Museum, Marpissa**

Housed in a beautiful neoclassical building and located on the hill of Marpissa, on the east side of Paros. Nikos Perantinos was a sculptor and graduate of the School of Fine Arts in Paris. In 1941, he was appointed permanent sculptor of the Archaeological Museum, where he performed major restorations on ancient sculptures. He was a teacher of simplicity and the classical form, who won many awards and distinctions for his excellent work.

## **◆ Beaches:**

AROUND PARILIO / NAOUSSA

**Kolybithres**, very popular, sandy, organized, snacks and drinks, 15 mins walking from Parilio, or 5 mins by car

**Monastiri or Ai Giannis**, sandy, organized, beach bar, scheduled events

**Piperi**, in Naoussa, clear waters

**Ag. Anargyroi**, sandy, 200m. from Naoussa

**Mikri Santa**, sandy, organized, easily accessible by car

**Santa Maria**, sandy, organized, beach bars, water sports

**Laggeri**, quiet, accessible by car and light hiking, 2 km from Naoussa

#### AROUND THE ISLAND

**Ambelas**, sandy, organized

**Aliki**, windless, pebbles, clean blue waters

**Ag. Nikolaos**, sandy, easily accessible, beach bars

**Molos**, sandy, crystal clear, windless, trees, Natura protected wetland

**Farangas**, sandy, organized, crystal clear waters

**Pounta**, sandy, organized, easily accessible, beach bar

**Kalogeros**, sandy, clay – rich, secluded

**Chrissi Akti/Golden Beach**, sandy, organized, water sports

**Nea Chrissi Akti/New Golden Beach**, sandy, restaurants, water sports

**Lolantonis**, sandy and pebbles

**Dryos**, dense vegetation, beach bars, taverns

**Piso Livadi**, sandy with trees, easily accessible, restaurants

**Logaras**, sandy, trees, taverns

#### AROUND PARIKIA

**Marcelo**, sandy, organized, beach bars, easily accessible

**Pounta**, sandy, organized, water sports, easily accessible

**Krios**, 2km from Parikia, next to Fokas beach, Krios church

**Livadia**, popular, organized, beach bars, restaurants

**Parasporos**, sandy, organized, beach bars, easily accessible

**Agia Eirini**, 4km from Parikia, Greek traditional tavern

**Delfini**, sandy with a few trees, restaurants, easily accessible

#### Sports Activities:

##### ◆ **Sailing:**

- **Naoussa sailing team**, T: +30 697 471 7978
- **Paros Nautical club**, T: +30 22840 21800

##### ◆ **Diving:**

- **Paros diving center**, Chrissi Akti, T: +30 698 602 2447
- **Eurodivers**, scuba diving in Paros, T: +30 693 233 6464

##### ◆ **Sea kayak:**

- **Paros**, Naoussa, T: +30 697 720 6541

##### ◆ **Kite, Windsurf:**

- **Paros Kite**, T: +30 697 700 3855, E: info@paroskite.gr

##### ◆ **Cycling:**

- **Paroshikes.gr**, T: +30 697 228 8821, E: chris@paroshikes.com
- **Paros cycling**, Aliki, T: +30 697 829 4958
- **Paros & Antiparos hikes**, T: +30 697 228 8821

- ◆ **Riding:**
  - **Kokou Horseriding Center**, Naoussa, T: +30 22840 51818
  - **Thanassis farm**, Ambelas, T: +30 699 841 3813
  - **Paros Riding**, T: +30 22840 53403, T: +30 699 841 3813
- ◆ **Hiking:**
  - **Paroshikes.gr**, T: +30 697 228 8821, E: [chris@paroshikes.com](mailto:chris@paroshikes.com)
- ◆ **Yoga:**
  - **Yoga Shala**, Naoussa, T: +30 693 737 5694
  - **Okreblue**, Santa Maria, T: +30 698 101 4300, [www.okreblue.com](http://www.okreblue.com)
  - **Hatha Yoga**, T: +30 697 700 3855, E: [info@paroskite.gr](mailto:info@paroskite.gr)
- ◆ **Cruises:**
  - **Michael Zeppos**, T: +30 694 781 7125

### Hidden Gems:

- ◆ **Paros Fishing Trips**, Piso Livadi, T: +30 698 347 2254, [parosfishingtrips](http://parosfishingtrips)  
Serves the best local fish soup – you can taste it during a ride with the boat “Panagia” of a local fisherman called Nikitas. A well worth ride with the gift of local gourmet cooking.
- ◆ **Cooking Classes:**
  - [petrafarm.gr](http://petrafarm.gr), Kolympithres
  - [kamarantho.gr](http://kamarantho.gr), Kamari
- ◆ **Wineries:**
  - **Moraitis**, Naoussa, T: +30 22840 51350
  - **Moraitiko**, Naoussa, T: +30 22840 51920
- ◆ **Discover Greek Culture**, Paros / Antiparos tours, Kostas Koulikis  
T: +30 211 21 53 585, E: [contact@discovergreekculture.com](mailto:contact@discovergreekculture.com)
- ◆ **Guide Tour**, Avgi Kaloyianni, T: +30 697 2210971
- ◆ **Studio Yria Arts & Crafts** by Stelios Gkikas, Kostos, T: +30 2284 029007
- ◆ **MX Ceramics** by Maria Chatzinikolaki, Naoussa, [mariachatzinikolaki.com](http://mariachatzinikolaki.com)
- ◆ **Looming** or “Argaleios” in Greek by Marigoula, T: +30 693 6563877
- ◆ **The Valley of Butterflies**, Petaloudes,  
T: +30 22840 91211 [www.parosbutterflies.gr](http://www.parosbutterflies.gr)
- ◆ **Villas in Santa Marina**, before small Santa Marina on the right there are many villas, one of a famous antiquer from Paris and right across the street is Stéphane Bern’s house.
- ◆ **Best Sunset Spot** – Parikia, Frankish Castle / Archeological Museum
- ◆ **Festival of Karavolas**, Lefkes, every 15<sup>th</sup> August  
A popular festival during which one can taste chickpeas roasted in a “skountavlo” – a traditional dish known as “revithada”



## Local Products and where to find them:

- ◆ **Best Vegetables**, Kamarantho Active Organic Farm, Kamari  
T: +30698834192, E: farm@kamarantho.gr, [www.kamarantho.gr](http://www.kamarantho.gr)  
Guided tours, tasting of products and products' market.
- ◆ **Best Olive Oil**, Alissafi Winery, Domain Adam, Naoussa, Kamares  
T: +30 6977486526, E: info@alissafi.gr, [www.alissafi.gr](http://www.alissafi.gr)  
150 olive trees certified for organically grown Koroneiki variety olives.
- ◆ **Best Cheese**, To Parion, T: +30 6973525591, [www.pariontyrokomeio.gr](http://www.pariontyrokomeio.gr)
- ◆ **Best Rosé Wine**, Moraitico, Naoussa, "To Rodi – Malagouzia"  
T: +30 22840 51920, E: moraiti8@otenet.gr, [www.moraitico.gr](http://www.moraitico.gr)
- ◆ **Best Sweet Wine**, Moraitis Winery, Naoussa, "Malvasia – P.D.O. Paros"  
T: +302284051350, E: info@moraitiswines.gr, [www.moraitiswines.gr](http://www.moraitiswines.gr)  
This winery also has a wine bar in the main square of Naoussa.
- ◆ **Best Souma** - a local Greek "grappa", T: +30 2284051457  
Can be found in the butcher's shop Antonis Daveronas in Naoussa.
- ◆ **Best Honey:**
  - Ek Paktias, Kostos, Angelo Pitsikalis & Elissavet Bogiatzi  
T: +30 22840 29006, E: info@ekpaktias.gr, [www.ekpaktias.gr](http://www.ekpaktias.gr)  
Two-star awarded thyme honey.
  - Stavros & Aleka Frantzi, Marpissa, T: +30 22840 42937
  - Kostas Vionis, T: +30 22840 21614
  - Antonis Skiadas, T: +30 22840 91240
- ◆ **Local Beer** – 56 Isles, Paros Microbrewery, Naoussa  
T: +30 2284 051102, E: info@56islesbeer.gr, [www.56islesbeer.gr](http://www.56islesbeer.gr)
- ◆ **Best Almond Cookies**, Cafe Nikitas, Marpissa, T: + +30 2284 042230
- ◆ **Best Bread**, Xilofournos, Isterni, T: +30 2284052750, [www.xilofournos.gr](http://www.xilofournos.gr)
- ◆ **Best Oregano** – to bring home with you, Petra Farm, Kolympithres  
T: +30 6944311988, E: petrafarmparos@gmail.com, [www.petrafarm.gr](http://www.petrafarm.gr)

## Local Restaurants and signature dishes:

- ◆ **Mr. E**, Kolympithres, T: +30 2284 051000, [www.pariliohotelparos.com](http://www.pariliohotelparos.com)  
Legendary Mr. E invites you to taste the island's famed gastronomic legacy and connects with the local Parian cuisine that pays tribute to old traditional recipes and local produce. It serves fresh, seasonal Greek cuisine in a space embraced by a verdant natural environment and ample Cycladic light, surrounded by the wild beauty of Paros's pastoral landscape.  
Greek & Mediterranean cuisine
- ◆ **Kolympithres Tavern**, Kolympithres, T: +30 2284 053035  
Best baked chickpeas next to the famous beach of Kolympithres.

- ◆ **Barbarossa**, Naoussa, T: +30 2284 051391, [www.barbarossarestaurant.com](http://www.barbarossarestaurant.com)  
In the picture-perfect port of Naoussa, Barbarossa restaurant transforms traditional tastes to artful, gourmet dishes, paired with high level service and a see-and-to-be-seen scene!  
Aegean cuisine, seafood, sushi menu
- ◆ **Giacomo**, Naoussa, T: +30 2284 051337, [giacomo-paros.business.site](http://giacomo-paros.business.site)  
Sister restaurant to the Athens based Giacomo, located in Naoussa's Little Venice and offering authentic Italian flavours, overlooking the water.  
Italian cuisine
- ◆ **Kargas**, Naoussa, T: +30 22840 53503, [KargasParos](http://KargasParos)  
Best gyros, everyday homemade.
- ◆ **Le Sud**, Naoussa, T: +30 2284 051547, [www.facebook.com/Le-Sud-Paros](http://www.facebook.com/Le-Sud-Paros)  
You can savor French gourmet dishes in the garden, experiencing its innovative menu. The ingredients are fresh and most of them local.  
French cuisine
- ◆ **Nonna Crema**, Naoussa, T: +30 694 859 8438, [NonnaCrema](http://NonnaCrema)  
Best ice cream made only with local fresh milk.
- ◆ **Kafenio Palia Agora**, Naoussa, T: +30 2284 051847  
In this small family tavern, they serve the best tarama salad.
- ◆ **Mario Restaurant**, Naoussa, T: +30 22840 51047, [Mario Restaurant](http://Mario Restaurant)  
Best tuna fish, fresh and delicious.
- ◆ **Stilvi**, Naoussa, T: +30 6946211828, [www.facebook.com/StilviParos](http://www.facebook.com/StilviParos)  
Beautiful backyard in the inner side of Naoussa that brings a Mykonos vibe in Paros. Mediterranean cuisine with great meat and fish. Options. The music gets louder as the evening goes by.  
Mediterranean cuisine
- ◆ **Statheros Meze**, Naoussa, T: +30 2284 051888, [www.statherosrestaurant.gr](http://www.statherosrestaurant.gr)  
The daughter of the famous Greek chef Argiro Barbarigou opened this restaurant a few years ago showcasing her mother's and yiayia's recipes. Small terrace overlooking the port houses a few tables for a romantic evening. Ouzeri, Greek meze, local dishes, seafood
- ◆ **Taos Restaurant**, Naoussa, T: +30 22840 22882, [www.taos-greece.com](http://www.taos-greece.com)  
Serves Thai and Asian food while offering the best view of the full moon.
- ◆ **Tsachpinis Ouzeri**, Naoussa, T: +30 22840 51662, [Tsachpinis](http://Tsachpinis)  
Best locally sun-dried and then grilled mackerel - called Gouna.
- ◆ **Yemeni**, Naoussa, T: +30 2284 051445, [www.yemeni.gr](http://www.yemeni.gr)  
Traditional meze place with a well-curated menu including Greek and local specialties. Nikos, the Parian owner, lets you know about the dishes of the day, and tells you which ones are cooked with chemical-free fruits & vegetables from his family's produce. His mother and wife help in the kitchen to ensure that you taste homemade meals.  
Greek cuisine, traditional Parian recipes

- ◆ **Siparos Seaside**, Santa Maria, +30 2284 052785, <https://siparos.gr>  
This seaside elegant restaurant offers a variety of fresh Greek and Mediterranean dishes that have made it a popular culinary destination. Watching the sunset from the restaurant is a nice way to spend an evening; the views are spectacular.  
Greek & Mediterranean cuisine, seafood
  
- ◆ **Aspro**, Ambelas, +30 2284 052151, <asproseasideparos.gr>  
At this seaside restaurant, fusion cuisine meets seafood specials and pairs with a rich wine list. Great for lunch after a cool dive. In busy evenings of July and August, a DJ set creates a party vibe right on the beach.  
Greek, seafood
  
- ◆ **Christiana Restaurant**, Ambelas, T: +30 2284 051573  
They serve the best fish by their fishermen, which one can enjoy at their veranda next to the sea.
  
- ◆ **Cuore Ross**, Parikia, T: +30 2284 022920, [www.cuorerosso.gr](http://www.cuorerosso.gr)  
An authentic Italian restaurant with cozy, stylish interiors & outdoor seating. Enjoy pizza from a wood oven and typical products from Tuscany and Emilia Romagna.
  
- ◆ **Henri G**, Parikia, T: +30 2284 024407, [www.henrigparos.com](http://www.henrigparos.com)  
Chef Henri Emmanuel Guibert is half Greek and half French. He is presenting an elegant and sincere Mediterranean cuisine, with a discrete touch of French inspiration, using local selected products from Paros. Located in a unique neoclassical mansion built in 1890, in the centre of Parikia's old Market street.  
Mediterranean Gourmet
  
- ◆ **Kastro Lounge Bistro**, Parikia, T: +30 2284 300812, [KastroLoungeBistro](http://KastroLoungeBistro)  
Best cocktail bar to enjoy the amazing sunset.
  
- ◆ **Levantis**, Parikia, T: +30 2284 023613, [www.levantisrestaurant.com](http://www.levantisrestaurant.com)  
A unique courtyard garden shaded by a two-hundred-year-old grape vine which is abundant with green leaves and clusters of purple grapes in the summer months and simple, whitewashed interior with splashes of modern art create a polished setting for some of the Cyclades' finest contemporary Greek cuisine with modern Mediterranean twists and flavors.
  
- ◆ **Mouragio**, Aliko, T: +30 2284 091165, [To Mouragio](http://ToMouragio)  
Best fried zucchini with tzatziki sauce.
  
- ◆ **Thalassamou**, Piso Aliko, T: +30 2284 091461, [www.thalassamou.gr](http://www.thalassamou.gr)  
An idyllic scenery unfolds before your eyes and an amazing culinary experience on your plate, in this sea-side restaurant. All of the above are attributed to Marios Salmatanis' vast experience and creativity.  
Greek & Mediterranean, seafood
  
- ◆ **Halaris**, Piso Livadi, T: +30 2284 043257, [www.facebook.com/xalarisouzeri](http://www.facebook.com/xalarisouzeri)  
Right on the harbor, in Halari's ouzeri get ready for a seafood feast accompanied with ouzo. Octopus, shrimps, squids and fish create the best meze in a family atmosphere.  
Greek, seafood

- ◆ **Tsitsanis**, Prodromos, T: +30 2284 041375, [www.facebook.com/tsitsanis](http://www.facebook.com/tsitsanis)  
The oldest tavern still operating on Paros. It was established in 1969 by the parents of Vlassis who today runs this family business. It follows the “farm to table” philosophy, using mostly seasonal produce locally grown in the family farm.
- ◆ **Klarinos**, Lefkes, T: +30 2284 041608, [www.facebook.com/klarinos.lefkes](http://www.facebook.com/klarinos.lefkes)  
Traditional restaurant featuring mainly meat dishes as well as traditional Parian dishes, located in the jewel of Paros, Lefkes, with a style that has remained as it was at the beginning of the century.
- ◆ **The Green Project**, Dryos, T: +30 2284 041388, [The Green Project](http://www.thegreenproject.gr)  
Best homemade jam made with their own cultivated fruits.
- ◆ **Best local goat chops** barbequed at:
  - **Klarinos**, Lefkes, T: +30 22840 41608, [Klarinos Taverna](http://www.klarinos.gr)
  - **Romantica Restaurant**, Naoussa, T: +30 697 091 9154
  - **Paros Tavern**, Kostos - at the main square of the village
- ◆ **Best Beach Restaurants:**
  - **Palm Beach Paros**, Parikia, T: +30 694 829 3332, [palmbeachparos](http://www.palmbeachparos.gr)
  - **The Cliff**, Lolantonis beach, T: +30 694 557 9448, [theclifflolantonis](http://www.theclifflolantonis.gr)

### Paros' nightlife:

- ◆ **Bars in Naoussa:**
  - Fotis
  - Comeback
  - Sante
  - Agosta
  - Sommaripa
- ◆ **Famous beach clubs:**
  - Monastiri
  - Mikri Santa
  - The Beach Project, Golden Beach