

## 2017 BORGO PIGNANO UNIQUE EXPERIENCES

### Horseback riding



Borgo Pignano is home to a group of gentle and well-trained horses. Our instructor provides riding lessons for beginners within the safety of a full-size, secluded arena.

We also organize guided horse-riding excursions in the Estate that allow guests to soak up the pleasures of Tuscany from the saddle. The below, are inescapable horse riding trek experiences:

- **Horse-riding and al-fresco picnic:** One of the most memorable ways in which to explore Pignano's large country estate is on horseback. With a stable of well-schooled horses, Pignano offers both novice and experienced riders the opportunity to discover the enchanting natural beauty of rural Tuscany. Trails pass through farmland, meadows, waterfalls, woodlands and open countryside with glorious views across the hills and valleys. Relax with a delicious gourmet picnic featuring homegrown ingredients and savor the typical flavors of Tuscany whilst relaxing in the heart of the countryside.

€100.00 per person (min. 2)

- **Moonlight Horse-ride:** Enjoy the truly unique experience of a moonlit trek on horseback, riding through the private trails of Pignano's beautiful estate. Immerse yourself in the romance and beauty of the historic surroundings and be captivated by the glory of a Tuscan Sunset. On moonlit nights, soak up the atmosphere of riding at dusk and complete this unforgettable experience with a glass of prosecco on the terrace, bathed beneath a blanket of stars.

€75.00 per person (min. 2)

# BORGOPIGNANO

THE TUSCAN HAVEN

## Guided Tour of the Estate



Many guests of Borgo Pignano are eager to take a break from busy, metropolitan lives and relish the peace and tranquillity of the setting.

The tours of the estate provide a peek behind the scenes and provide a sense for our approach to agriculture and food production.

Visitors learn about how our farm works in and can inspect the beehives and assist with the collection of organic honey, take a tour of our vegetable gardens and discover how our kitchens use the herbs grown in our aromatic gardens.

Free of Charge

## Wine Tasting



Our Wine Tastings take place in our medieval cellar and offers the opportunity to sample a selection of three Organic Tuscan wines from the finest local suppliers. Guests will also enjoy a selection of our home-grown products such as our Salami, Breads and Olive Oil

€50 per person

## Yoga & Pilates Sessions



Borgo Pignano is the ideal place for a luxury yoga retreat. Yoga sessions combine private, or group, classes in relaxation and meditation techniques and are held in the indoor yoga room, the large open hall at the La Fonte farmhouse or, outside, on the lawned terrace of the main villa. It is often possible to join a yoga retreat conducted by other guests. Yoga students find Borgo Pignano's setting therapeutic and the sessions are very popular with guests. For those wishing to maintain their fitness programme whilst on holiday, Pilates or Qi Gong sessions can be arranged.

Rate for 1 person €50, 2 persons €40 each, 3+ persons €30 each

## Fitness Suite



A small purpose built gym featuring the essential fitness equipment. Our gym is located near the main villa and private use can be reserved at the Reception desk. We can also arrange a personal fitness instructor on request for one-off sessions or regular daily fitness routines.

Free of Charge

## **Cooking Classes**



The journey from earth to plate is at the heart of our natural food philosophy at Borgo Pignano and in our cooking classes, we focus on the artisanal methods of cooking. Classes take place in a traditional kitchen and focus on the classic Tuscan ways of making traditional bread, focaccia, pizza and delicious fresh pasta. Learn the art of using different flours, discover how to make perfect fresh dough and being inspired by the secret traditions of the Tuscan kitchen.

Price per person €90 (maximum 6 people)

## **Trekking and Mountain Biking**



Borgo Pignano lies within a major game reserve and is at the crossroads of two natural reserves: Berignone and Castelvechio, which lend themselves to short, and arduous, treks. The estate's virgin woodland and fields, with its protected flora and fauna, is ideal for long walking tours.

We can help you map trails and, on request, accompany guests on nature walks and trails. Mountain bikes available for Guests' use.

Mountain bike rental Free of Charge.

# BORGOPIGNANO

THE TUSCAN HAVEN

## Painting Classes



Borgo Pignano has a deep-rooted connection with the arts and throughout the 18th Century Villa, you will find an important collection of 20th Century art. The estate boasts its own gallery, art studio, artist's house, sculpture garden and an impressive array of art equipment is available for guests to use at their leisure. The historic architecture, breathtaking natural landscapes and exceptional Tuscan light make Pignano the perfect base for discovering the Art of Relaxation. Painting classes take place in English by talented students from the Royal Drawing School, London and can be booked for small groups and individuals.

Rate €40 per person.

## Herbal Laboratory



Borgo Pignano has the most beautiful herb and flower gardens, which provides natural organic ingredients for the hotel's amenities. Take a tour of the herb gardens with our trained herbalist and discover how perfumes, oils and soaps are manufactured by our herbalist in the herbal laboratory. Gather wild herbs and flowers and experience the traditional methods of how natural ingredients are used within our products and cuisine.

Price €50 per person.

## Visit to our Apiary



Healthy bees are vital to the well-being of Borgo Pignano and, as bee colonies around the world collapse, we have taken pains to ensure that we do everything possible to sustain them.

We tend a large cross-section of flowers and plants that attract bees, give rise to the finest Millefiori flavoured honey and, most importantly, help with the pollination of vegetables and fruit trees

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Guests are welcomed to take a tour of the beehives with our Beekeeper to see how the honeybees occupy themselves. Visitors can learn about bee keeping and the traditional methods for extracting honey and beeswax while discovering how each hive has its own colony with its Queen, drones and worker bees.

Free of Charge

## **SPA and Treatments**



The new wellness area harmoniously combines elements of Pignano's wellbeing philosophy which includes history, nature, health and relaxation, all set within a beautifully designed and elegant spa.

Drawing inspiration from Pignano's un-spoilt terrain, abundant gardens, wild flower meadows and organic farmland, each of our natural spa treatments and wellbeing therapies crafted using organic ingredients grown on the estate. Our trained herbalist uses flowers, herbs, plant extracts, oils and honeys that promote a sense wellbeing and relaxation.

Discover Pignano's wellness center in the heart of our historic hamlet and experience another level of peace and tranquility. Enjoy our dry sauna and steam bath or book a treatment in our private wellness suites. Unwind with a choice of herbal tisanes in the intimate spa lounge and soak up the unique atmosphere of Pignano's medieval well house.